



Join now
Get a yoga
mat on us!



*Restrictions apply. See below.



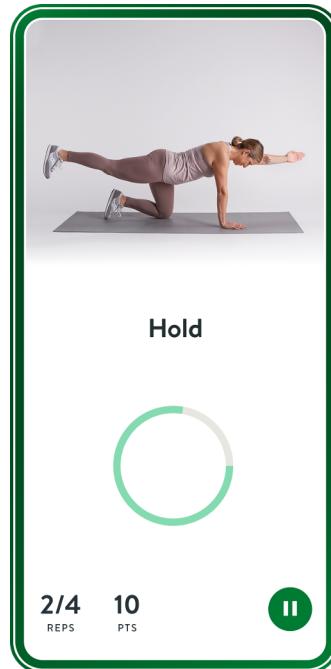
Ready, set, enroll!

Available 1/1/2025

Join Hinge Health for exercise therapy without leaving home. No copays. No office visits. Reduce your back and joint pain in just 15 minutes a day. Best of all, there's no cost to you — your Hinge Health benefit is 100% covered by your employer.

Join Hinge Health to:

- Overcome pain or limited movement
- Recover from a recent or past injury
- Keep your joints healthy and pain free



Scan the QR code to enroll now!

hinge.health/cvsem-oe

Questions? Call (855) 902-2777

*Eligibility to receive yoga mat is based on the program in which you are placed.

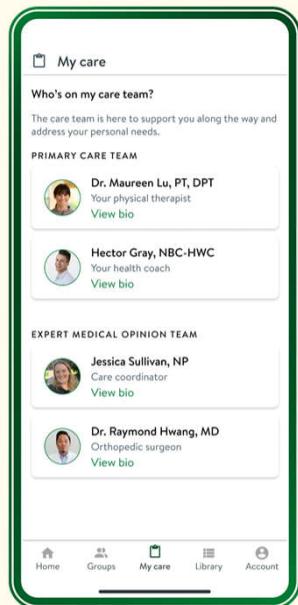
Participants must be 18+ and enrolled in Caremark PBM benefits through your employer. If you have questions about Hinge Health, please reach out to us directly per the information above.

Atención MSK clínicamente completa

Ofreciendo una atención sencilla, completa y personalizada

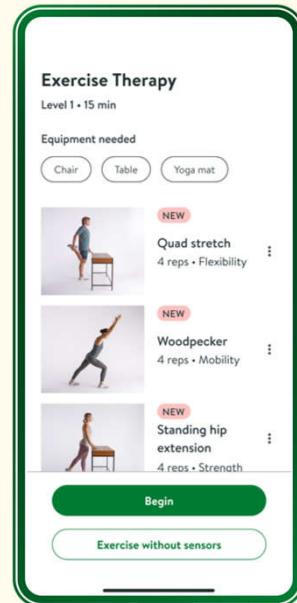
Equipo de atención expert

Incluyendo fisioterapeutas, entrenadores de salud y cirujanos



Aplicación todo en uno

Cualquier persona, en cualquier lugar, puede acceder a esta atención



Visión por computadora

Seguimiento del movimiento para evaluaciones de cuerpo completo



Hinge Health Enso

Dispositivo portátil aprobado por la FDA para aliviar el dolor diario

